

Flu-Peak Germ-Defense Cheat-Sheet

✓	Date	Task
Dai	ily Routine	
		Wipe keyboards, mice, and phone receivers with EPA List N disinfectant wipes (quat or peroxide).
		Spray door handles & light switches – ensure 1-minute dwell time.
		Empty trash and replace liners before close of business.
Weel	ekly Routine	
		HEPA vacuum & damp-mop hard floors (neutral-pH cleaner for Alabama red-clay dust).
		Electrostatic spray restrooms & break rooms (hypochlorous acid 200 ppm).
		Degrease fridge handles and microwave buttons in break room.
4-Week S	Supply Checklist	
List-N	N disinfectant	1 gal per 1 000 sq ft
□ Nitr	rile gloves	1 box per employee
Hand-s	sanitizer refills	1 cartridge per dispenser
□ Micro	ofiber cloths	10 per workstation
Emerge	jency Protocol	
		Isolate affected area immediately.
		Don PPE: gloves + mask.
		Remove visible soil \rightarrow disinfect, 10-minute dwell.
		Log incident & restock supplies.